

Sailors, Airmen enjoy mysteries of the deep during free military day at Waikiki Aquarium

Story and photos by
Don Robbins

Assistant Editor

Active duty and retired military personnel had a chance to interact with the denizens of the ocean's depths during an all-day free visit to the Waikiki Aquarium on June 25.

The event featured free hot dogs, drinks, snacks and music, along with free admission to the aquarium during the festivities sponsored by the USO.

Military service members viewed a multitude of organisms on exhibit at the aquarium and experienced species such as reef fish, sea jellies and living coral.

Air Force Capt. Javier Rodriguez of the 15th Medical Group at Joint Base Pearl Harbor-Hickam (JBPHH) gazed into the aquarium's tide pool exhibit with his child, Sebastian, in his arms and his wife, Nadia, looking on. Rodriguez said he deploys to Afghanistan within the next week. "This event allowed me to take some last, minute memories with me from the family," he said.

"It's fantastic to have a day like this for the family, with free entertainment and food. The weather was perfect today, said Staff Sgt. Keith Young, with the Air Force 56th Air and Space Communications Squadron. Young attended the event along with his wife, Danielle, and children Kaylie and Anthony. The family members agreed that they liked the jellyfish and monk

seals the best.

Air Force Capt. Travis and Gladys Downing attended the event with their children Elvis, 9, and Nadine, 7. Travis is with the air base wing at Hickam. Travis said the event is great because it brings families together.

Navy Sailors also appreciated the festivities. "This event is good for the families, especially people who have family members deployed," said Navy Chief Hull Maintenance Technician Brian Propest of NSW Group 3 Logistics Support Group, as his daughter expressed interest in the octopus display.

Members of the Sadalge Navy family, including Chief Hospitalman Sanket Sadalge with his wife, Hospitalman 1st Class Myrna, a reservist, and their daughter, Mya, peered eagerly into the glass of the tropical reef fish tanks brimming with coral. Myrna said the aquarium day excited her because she was able to see the faces of other people who defend freedom and those who support them.

Navy Musician 2nd Class Steven Freeman and some fellow members of the Pacific Fleet Band performed rock and roll tunes for the enjoyment of fellow service members as part of the aquarium day entertainment. Freeman said the event serves as a great show of support for the military, and added that he

was happy to be performing with the band. "It's our way of saying thank you to the military members as well and to thank them for their service," Freeman said.

While brightly dressed as a patriotic clown complete with red nose, red, white and blue top hat and boa, Navy Cryptologic Technician (Interpretive) 1st Class (EXW) Anjela Jurich handed out temporary tattoos to the keiki while sitting at a booth. "I'm a big supporter of the USO," Jurich explained. "There's no other way than to come here in costume," she said with a laugh as children gathered around her.

Among the USO representatives helping out at the event were Barbara Troegner and her husband, Bill. "The military is there for us. This is to show appreciation for all they do for us," Barbara explained.



July 4 schedule of events

Celebrate July 4 with Morale, Welfare and Recreation at Joint Base Pearl Harbor-Hickam and Plain White T's. Events will be held at two locations – Hickam Harbor and Ward Field. Fireworks shows will cap off both events.

Here is a schedule of events:

Hickam Harbor events

- Overnight camping on July 3. Space is limited. Register now at Hickam Harbor.
- Unless otherwise noted, all activities start at 11 a.m.

Free activities

- Boat tour of harbor (ends at 3 p.m.)
- Build-a-boat competition (pre-register at Hickam Harbor or on site before 1 p.m.)
- Tide Pool Adventure (ends at 3 p.m.)
- Motorcycle show (register on site at 10:30 a.m.)

Stand-up paddleboarding

Other fun and entertainment

- Banana boat rides (space is limited, ends at 3 p.m.)
- Grilled cheese grill-off
- Keiki rides and inflatables
- 12:30 p.m. – Delayed Resistance
- 4:30 p.m. – Plain White T's

- 7 p.m. – Kings of Spade
 - 8:30 p.m. – Fireworks spectacular
- There will be free shuttle service every 30 minutes from noon to 10:15 p.m. (except from 8 - 9:15 p.m.) running from PACAF parking lot on D Street, Bishop Point and the HIANG parking lot. Pre-register for July 3 overnight camping and build-a-boat at the Hickam Marina office. For more information, call 449-5215.

NOTE: Hickam Harbor parking lot, boat ramp and surf taxi will be closed on July 4 from 8 a.m. to 10 p.m. Hickam waterways will be off limits starting at 3 p.m. on July 4.

Ward Field events

- Unless otherwise noted, all activities start at 2 p.m.

Free activities

- Batting cage
- Pony rides (closes at 6:30 p.m.)
- Airbrush tattoo
- Exotic car display
- Military car show and shine
- Pacific Roller Derby exhibitions every hour
- Xpress Train
- Petting zoo (closes at 6:30 p.m.)
- Texas Hold 'Em Poker Tournament (active duty pre-

register at greatlifehawaii.com. DoD ID holders can register at 2 p.m. on site if space allows.

Other fun and entertainment

- Mobile gamer guys
- Mobile Mini Golf
- Ultimate airball
- Keiki rides, games and inflatables
- 5 p.m. – The Art of Whimsy
- 8 p.m. – Plain White T's
- 9 p.m. – Fireworks spectacular

Pre-register for Texas Hold 'Em and the military car show at www.greatlifehawaii.com. For more information, call 473-2431.

For safety reasons, barbecues, animals, tents and outside food and beverage are not permitted at Ward Field. Only personal coolers nine quarts or smaller will be authorized – one per family.

In case of rainout, the concert will be held at Club Pearl Paradise Lounge at approximately 7:30 p.m. Event is open to all military-affiliated personnel and their sponsored guests. Schedule of events is subject to change.

For complete details and the schedule of activities for both locations, visit www.greatlifehawaii.com.

BayFest features full schedule of events July 15-17

Marine Corps Base Hawaii, Kaneohe Bay

The 22nd Annual BayFest will be held aboard Marine Corps Base (MCB) Hawaii, Kaneohe Bay from July 15 to 17.

The public is invited to the music and family fun festival, featuring national concert acts, EK Fernandez carnival rides and midway, fireworks, competitions, food and military displays. There will be music for every taste – from local legends to alternative rock to country. Plus, the first-ever GreenFest at BayFest Expo will transform hangar 101 into an eco-village of environmentally conscious businesses and organizations.

Hawaii duo Cecilio & Kapono will take the stage Friday for a two-hour show. Fireworks by Grucci will follow the performance. Puddle of Mudd with special guest Hoobastank will be a two-for-one treat on Saturday night for



Photos courtesy of Marine Corps Base Hawaii, Kaneohe Bay
Puddle of Mudd (left) and Cecilio & Kapono will perform at BayFest, which will be held July 15-17.

post-grunge alternative rock fans. Country music returns to the BayFest stage on Sunday with the award-winning

artist Joe Nichols. The Marine Forces Pacific Band will perform all three nights.

Daytime activities on Saturday will include chil-

dren's contests and an inaugural stand-up paddleboard competition. Sunday will feature the Bathtub Regatta and the Body Search Fitness Challenge. Contest details and registration information are online at BayFestHawaii.com.

BayFest hours are 3 p.m. to 1 a.m. on Friday, noon to 1 a.m. on Saturday, and noon to 11 p.m. on Sunday. Concert gates will open at 5 p.m. each day. Tickets will be available in advance at all military ticket outlets and online through BayFestHawaii.com.

BayFest is an annual event hosted by Marine Corps Community Services and MCB Hawaii. MCCS provides morale, welfare and recreation programs and services which attribute to readiness and retention of Marines, Sailors and family members stationed aboard MCB Hawaii. Proceeds from this and other MCCS events are reinvested into quality of life programs at MCB Hawaii. For more information, visit MCCSHawaii.com.

Volunteers are needed for retired activities office

The Navy's retired activities office (RAO) needs volunteers (active duty or retirees and spouses) from two to four hours a week for at least six months.

The mission of the RAO is to primarily help retirees solve problems relating to their military service by serving as a point of contact between the retirees and the Navy and Marine Corps.

They also provide information, referral,

and follow-up services directly to retirees, family members, and survivors to ensure they receive services and benefits to which they are entitled.

The RAO is located at the Moanalua Military and Family Support Center, 4827 Bougainville Drive, second floor, room 226 (above PSD).

Call anytime for Wednesday interviews at 474-1999, ext. 6317.

It pays to be 'green' at Pacific region exchanges

Army and Air Force Exchange Service Pacific Region

CAMP FOSTER, Japan – The Army and Air Force Exchange Service is rewarding military shoppers who are doing their part for the environment through its new "Use a Bag, Save the Planet" initiative.

Instead of using traditional plastic bags, exchange retail facilities throughout the Pacific, including those in Hawaii, Guam, Alaska, Japan, Korea and the Marshall

Islands, are encouraging shoppers to bring their own reusable bags. Beyond helping the environment, shoppers that "Use a Bag, Save the Planet" will get five cents back for every reusable bag used.

"The Army & Air Force Exchange Service desires to be an environmentally responsible retailer and a 'green' place to shop," said Col. Mark K. White, commander for the exchange's Pacific region. "By rewarding the use of environmentally-friendly bags, we hope to begin changing

behaviors today to put us on a path for a cleaner tomorrow," White explained.

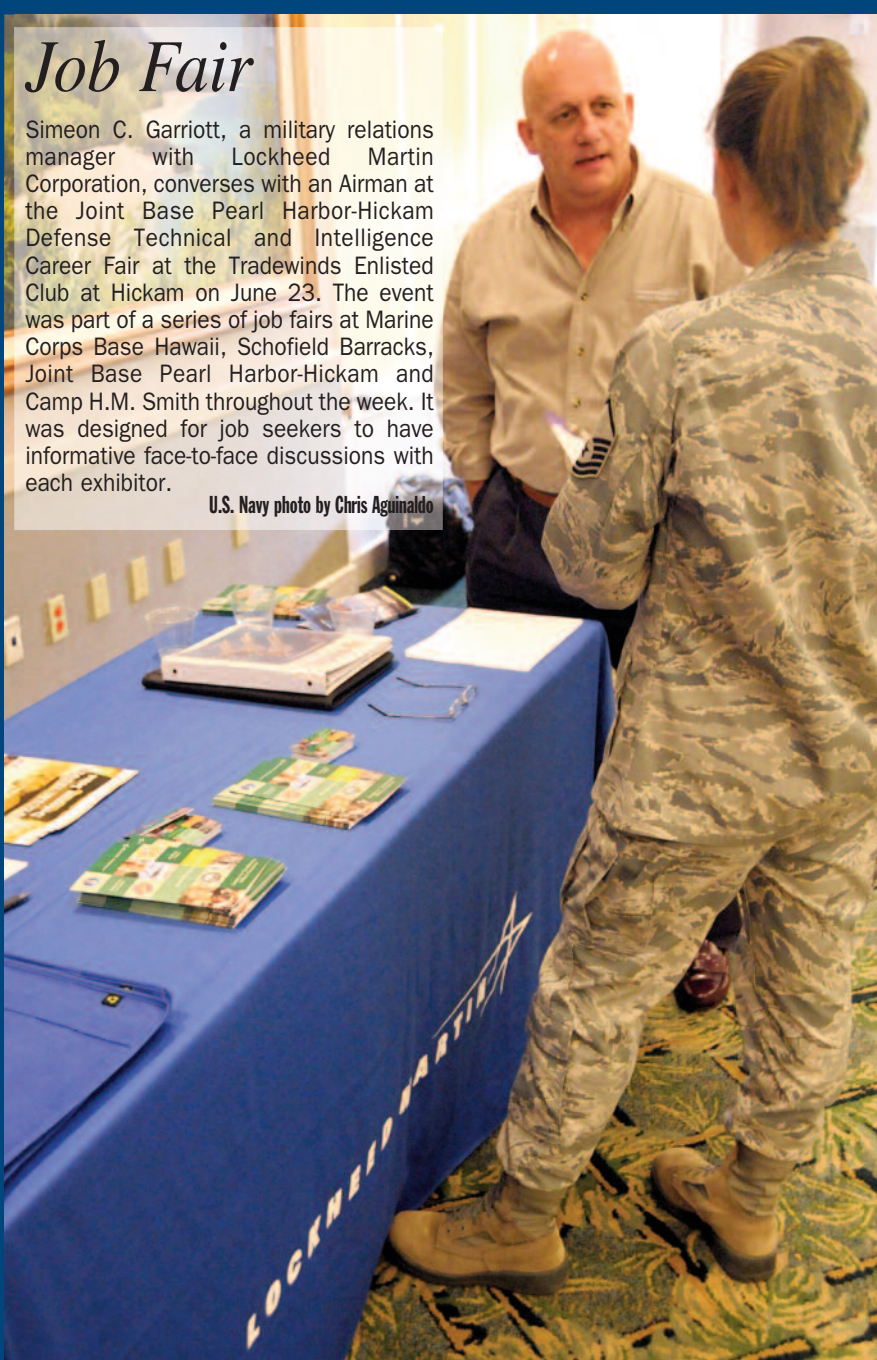
The five-cent credit applies only to shoppers who bring in and use reusable shopping bags (plastic bags do not apply) at exchange main stores and all other exchange retail facilities. As such, exchange customers who simply decline a plastic bag, but do not utilize a reusable bag, will not qualify for the five-cent credit.

For more information, visit www.shopmyexchange.com.

Job Fair

Simeon C. Garriott, a military relations manager with Lockheed Martin Corporation, converses with an Airman at the Joint Base Pearl Harbor-Hickam Defense Technical and Intelligence Career Fair at the Tradewinds Enlisted Club at Hickam on June 23. The event was part of a series of job fairs at Marine Corps Base Hawaii, Schofield Barracks, Joint Base Pearl Harbor-Hickam and Camp H.M. Smith throughout the week. It was designed for job seekers to have informative face-to-face discussions with each exhibitor.

U.S. Navy photo by Chris Aguinaldo



Jacksonville keeps top spot with win over Tucson

Story and photo by
Randy Dela Cruz

Sports Editor

USS Jacksonville (SSN 699) scored four runs in the first, third and sixth innings en route to a 16-4 drubbing of USS Tucson (SSN 770) in an Afloat League intramural softball game at Millican Field on June 25.

The six-inning-mercy-rule win kept Jacksonville at the top of the standings with a record of 7-1, clinging to a one-game lead over USS O'Kane (DDG 77) and USS Russell (DDG 59) with identical 6-2 marks.

Earlier, Jacksonville nearly forfeited against Tucson but got the last two players to fill out its roster just before field umpires were about to call the game.

The reprieve seemed to ignite the Jacksonville's attack as the team broke

out of the gates with four runs in the top of the first on an error and three extra-base hits.

Leadoff hitter Machinist's Mate Fireman Bryan Remsing, started the rally with a triple and was followed up by two more three-bag hits from Electronics Technician 1st Class Jeremy Blake and Senior Chief Electronics Technician Chris Jensen.

"Usually, we come out slow. We don't start scoring until inning three," said Yeoman 1st Class Jaron Wall, who was among the team's leaders at the plate with three singles and three runs batted in. "But today, with what was going on before the game, we were kind of pumped up a little bit."

After pitcher Blake worked out of a bases-loaded jam to allow only one run,

Jacksonville hitters went back to work and scored a run on another triple by Remsing in the

top of the second, before exploding for four more tallies in the third.

The big hit in the third came off the bat of Wall, who stroked a single with one out to drive in runners from second and third.

Although Tucson responded in the bottom of the third with three runs of its own,

the Jacksonville came back to score three runs in the top of the fourth before putting the game out of reach with four

runs two innings later.

Lt. j.g. Matt Gieszl, who drove in five runs with a three-for-four day at the plate, blasted an inside-the-park homer that scored three of the team's four runs in the top of the sixth. Machinist's Mate 1st Class Michael O'Hear of the Tucson said that although he and his teammates gave it everything they had, falling behind by eight runs was too much for the team to overcome.

"We had a rough spot," O'Hear admitted. "We did the best we could. I mean, can't ask for more than that. They (Jacksonville) got a lot of really big hits off of us and earlier in the game we had some miss catches. They just were hitting better than we were. Still, I'd rather play a game and lose than win by a forfeit."

With no Afloat League game scheduled for this

weekend due to the Fourth of July festivities, the win by the Jacksonville should give it the division's No. 1 seed in the upcoming joint base softball playoff, which has been scheduled by Morale, Welfare and Recreation for July 8-10.

This season, the top four teams from the Ashore, Afloat and Hickam's Tuesday and Wednesday divisions will vie for the first ever joint base intramural softball championship.

While Wall admits that he hasn't seen what the other divisions will bring to the tournament, he believes that the Jacksonville has a solid chance to carry the winner's trophy back to the sub.

"I think everybody needs to work on something. I don't know if there is a perfect softball team out there," Wall said. "I have total faith in my team, so I think we'll do well."

USS Jacksonville (SSN 699) hurler Electronics Technician 1st Class Jeremy Blake flips a pitch to home plate during the team's Afloat League intramural softball game against USS Tucson (SSN 770) at Millican Field on June 25. Blake tossed four scoreless innings to help the league-leading Jacksonville defeat the Tucson by a score of 16-4.

HQ PACAF bats trounce 613 AOC in shutout victory

Story and photo by
Randy Dela Cruz

Sports Editor

Riding the crest of a six-run explosion in the top of the second inning, Headquarters Pacific Air Forces (HQ PACAF) stormed past league-leaders 613th Air and Space Operation Center (613 AOC), 12-0, in a Hickam Tuesday Division intramural softball game at Hickam Fourplex, Joint Base Pearl Harbor-Hickam on June 28.

The game was called after five innings due to the league's 10-run-mercy-rule.

In securing its 10th win of the season against two losses, PACAF placed itself in the hunt for the division's top spot and No. 1 seed a week before the upcoming playoffs, which will be held from July 8-10.

Meanwhile, the 613, which was undefeated with a 9-0 record a week ago, dropped its second game in two weeks and will go into next Tuesday's final regular-season matchup versus the 747th Communication Squadron with a record of 11-2. Two of the 613's losses have occurred in the second game of a doubleheader.

"This was really big," said



Master Sgt. Kevin Brisley of Headquarters Pacific Air Forces (HQ PACAF) keeps his eyes on the ball before smacking a single against 613th Air and Space Operation Center (613 AOC) in a Hickam Tuesday Division intramural softball game at Hickam Fourplex, Joint Base Pearl Harbor-Hickam on June 28. Brisley collected two singles and drove in a run as PACAF defeated the 613, 12-0, in a mercy-rule-shortened game.

Master Sgt. Walter Webster of the PACAF's win over the 613. "The 613 is a really competitive team and they always play us tough. Knowing what was at stake tonight, trying to get that first-place position and league champs, that was big. This validates all the personnel moves that we've done

thus far. This is the morale boost that we're going to need to carry us through the playoffs."

After opening the game with a run in the top of the first inning, PACAF batters bore down and knocked around 613 pitcher John Dolloff to the tune of six hits and six runs in

the second inning.

Big hits came off the bats of Master Sgt. Kirk Markcum, who drove in two runs with a single and Webster's two-RBI double.

For the game, Webster was among PACAF's top hitters, going a perfect 3-for-3 at the plate with three doubles and three runs batting in.

Although Dolloff retired the side in order in the third and fourth innings, PACAF hitters were back at it again in the top of the fifth by starting off the inning with a double by Markcum, a triple by pitcher Senior Master Sgt. Brendan Leach and another double by retired veteran Mike Brown.

The fast start led to five runs in the inning by PACAF and a 12-0 advantage going into the bottom of the fifth.

Leach, who was superlative in suppressing the 613's potent batting order, retired the three of the AOC's next four batters in the fifth to preserve the shutout win.

In tossing the first shutout of the 613 this season, Leach allowed only five hits – all singles – and walked two batters.

"It's just a matter of working the plate," explained Leach about his shutout win. "You throw a routine pitch and they're going to time it, but you throw it deep, short, inside, outside and you keep the batter off. That's the key. Plus we play with a lot of these guys on weekend teams, so I kind of had an advantage of knowing what they like to hit."

Leach said that PACAF's big lead not only helped him

on the mound, but it also allowed the team's hitters to stay loose and go after their pitches.

"We got up to that big lead, you get into your head that you're more comfortable and relaxed," Leach said. "We went into the batter's box and swung at good pitches."

While Leach agreed with Webster about the magnitude of their win over the 613, he added that with the week off prior to the playoffs, he wasn't sure if the team would maintain its momentum going into the postseason.

Still, both he and Webster stated that with the personnel on the PACAF, the team should be considered a contender for the first ever joint-base crown.

"Early on it was difficult for us to jell, but right now is the time that we are at the crest of that peak and we're going to steamroll into the playoffs," Webster said. "On the Hickam side, we're going to fair very well. Poundtown (647th Security Forces Squadron) is going to be a little tough, but I think that our team composition and camaraderie will pull us through. So I think a strong show at Hickam will carry us through when we move on."

Single goal secures win as NIOC Hawaii battles NCTAMSPAC

Story and photo by
Randy Dela Cruz

Sports Editor

Marine Cpl. Jon Real's bouncing shot from the right corner near midfield provided Navy Information Operations Command (NIOC) Hawaii with the only score of the game as the team edged past Naval Computer Telecommunications Area Master Station Pacific (NCTAMSPAC), 1-0, in a Soccer Intramural League Blue Division matchup at Hickam Football/Soccer Field on June 25.

The win raised NIOC's overall record to 8-2-2 and helped the team tighten its grip on second place over the third-slotted NCTAMSPAC, which saw its mark drop to 8-3.

Real's game-winning boot occurred midway in the first half and was originally intended as a pass to teammate Information Systems Technician 3rd Class Jared Danowit, who broke down the middle and was one-on-one with NCTAMS goalkeeper Information Systems Technician 2nd Class Edward Losongco.

The pass, instead, was caught up by the day's

blustery conditions and took a fortuitous bounce past Losongco and into the goal.

"My intention was to play it to Jared," Real said. "I saw it go towards the goal and I realized I overshot it. Then I heard everyone yell, so I turned back around and saw the goalie come out and right then everyone knew that the ball was going to go over his head. The wind just carried it in."

Losongco said that he thought he had the shot stopped, but once it took a higher than expected bounce, he knew that he was in trouble.

"It was a horrible bounce," he pointed out. "The wind took it and brought it in faster than I could get to it. I'm only five-seven, so it didn't help that the ball bounced



over six feet. There was nothing that I could do about it."

Once armed with the lead, NIOC stepped up its defense and stopped NCTAMS' offense cold at its tracks.

The NIOC defense seemed to hold tough at midfield and prevented NCTAMS from penetrating deep to the goal.

"They had a really good defense," Losongco said. "And then we just couldn't move the ball up far enough and control it enough."

Real explained that NIOC's defensive strategy was to keep the ball in it at all times.

"They didn't have too many opportunities," Real said. "We only had two guys in the backfield because we were playing so far up. We never sat back on the ball."

While the rough and tumble play of

NCTAMS appeared to keep it in the game, the team just couldn't will its way to overcome its rival from Kunia.

Losongco stated that although it seemed as though his team was extra aggressive with its counterpart from the tunnel, the NCTAMS goalkeeper said that it was business as usual for him and his crew.

"We do it until the refs stop us," Losongco said. "We usually get into a lot of trouble, but it is what it is. We push it to the limit every time and see how far we can go. Usually it works, but this time they got hold of a good one on us."

Meanwhile, Real said that the physical play of NCTAMS didn't bother him at all and even welcomed the action.

"I love that," he stated. "You got to feel like you're playing. Some of them were a little bit excessive, but that's what I play for."

Intelligence Specialist 3rd Class Daniel Duffin of Navy Information Operations Command (NIOC) Hawaii tries to kick a shot past Department of Defense civilian Agan Nguyen of Naval Computer Telecommunications Area Master Station Pacific (NCTAMSPAC) during a Soccer Intramural League Blue Division matchup at Hickam Football/Soccer Field on June 25. NIOC shut out NCTAMSPAC, 1-0, to remain in second place.

Thrift shops provide a place for PCS donations

Don Robbins

Assistant Editor

Are you getting ready to make a permanent change of station (PCS) move and looking for a home for your unneeded items? The answer to your dilemma may be at one of the thrift shops at Joint Base Pearl Harbor-Hickam (JBPHH).

Airmen, Sailors and their families who will be making a PCS move from one duty station to another this summer have several options when it comes to places to drop off their household donations.

Hickam Thrift Shop

The Hickam Thrift Shop is sponsored by the Hickam Officers' Spouses' Club.

The shop is located at building 1723, 540 Kuntz Ave., on the Hickam side of Joint Base Pearl Harbor-Hickam.

"The thrift shop is run totally on donations. Volunteer help is appreciated," said Coleen Cornell, the shop manager.

According to the thrift shop's mission, the group is dedicated to saving the environment, re-purposing old items, giving value for the dollar and helping people find that special treasure. All ranks - active, reserve, guard and retirees - can shop and volunteer in the store.

The thrift shop is open from 9 a.m. to 1 p.m. every Monday, Wednesday and Friday, as well as the second Saturday of every month. It is closed on federal and state holidays. During inclement weather watches and warnings, customers should call ahead.

Donations are accepted 24 hours a day at the shop's donation sheds, which are located in front of the building. Donations



Photo courtesy of Hickam Thrift Shop

Christine Jackson Hickam Airman's Attic manager, and volunteer Norm Masse sort through donations. The organization, near Kuntz Gate, offers household goods and clothes for free to enlisted Airmen and Sailors.

are under 24-hour monitoring for security purposes.

Cornell said that furniture or any other donations should not be left outside of the sheds. Large items can be donated during regular business hours.

All profits from sales at the Hickam Thrift Shop support the Air Force and island-wide military charities and programs, military dependent scholarships, and local Hawaii charities.

For more information about the Hickam Thrift Shop, e-mail hickamthriftshop@yahoo.com, call 449-6603, or visit the website at <http://www.hickamosc.com/4.html> or check Facebook. **Hickam Airman's Attic**

Another organization at Hickam which accepts donations is Hickam Airman's Attic. The Hickam Airman's Attic is at building 1723, behind

GSA on Kuntz Avenue, near the recycle center.

Donating items is a way to recycle and help others, according to manager Christine Jackson. They even have suitcases for people who PCS, she said.

"The Airman's Attic provides opportunities for the Airmen to give back to the community," Jackson said.

"We're here to serve the Airmen and their families to make sure it's an easier transition, especially during the summer with its high PCS time," she explained.

While many household goods are welcome at the attic, they won't take air conditioning units, hazardous materials, propane tanks, mattresses, box springs or very large appliances such as refrigerators and washers, Jackson said.

She asked that non-working electronics not be donated to the Airman's Attic. For information on where to send those elec-

tronics or about what the organization will accept, contact the Hickam Airman's Attic.

Donation sheds are open 24 hours a day, seven days a week for drop-offs and are monitored with security cameras. The generosity of donors keeps volunteers busy at the private organization, which isn't part of any Department of Defense agency.

Hours are from 10 a.m. to 1 p.m. Tuesdays and Thursdays for active duty Air Force E5 and below; from 10 a.m. to 1 p.m. the second and fourth Tuesdays for all active duty enlisted Air Force; from 10 a.m. to noon on Saturdays and from 5:30 to 7:30 p.m. the third Wednesday of the month for all Air Force enlisted ranks and Navy E5 and below.

The shop is closed the third Saturday of the month.

For more information

and to learn what donations can be accepted, call 449-5677.

Navy-Marine Corps Relief Society Thrift Shop

On the Pearl Harbor side of joint base, there are also areas for military members to make donations. One of these is the Navy-Marine Corps Relief Society (NMCRS) Thrift Shop which is located at building 1492.

NMCRS thrift shops enable service members and their families to purchase gently used clothing, uniforms and household items at a low cost.

Lorna Keaunui, the thrift shop volunteer chair, said the shop accepts donations of most items except things such as old monitors, computers, cribs, bed mattresses and used underwear.

"We accept canned goods," said Keaunui. They are distributed to the Hawaii Foodbank.

They also accept cleaning supplies used to spiff up the shop.

The sales income realized from the thrift shops is returned to the Sailors, Marines and their families in the form of relief services. All items sold in NMCRS thrift shops are donated to NMCRS.

NMCRS thrift shops are operated at many locations and are normally established when there are no other base thrift shops available. NMCRS will not compete with local organizations (such wives' clubs). Thrift shops provide low cost clothing and household items and uniform shops at many locations.

The thrift shops are totally managed and operated by society volunteers. Opportunities are available for volunteers to sort merchandise, arrange displays, work as cashiers, pick up donations, and

serve as store managers.

To patronize the thrift shop or to volunteer to work with the NMCRS thrift shop, hours are from 8 a.m. to 1 p.m. Monday, Thursday, Friday and the second Saturday of every month.

For more information, call 422-4691.

Sailor's Attic

Sailor's Attic on the Pearl Harbor side of the base was founded on Oct. 15, 2010. It is located at building 1514 inside the Makalapa Gate near the medical clinic.

Hours are from 10 a.m. to noon Friday and Saturday.

Sailor's Attic is open to all branches of the military, E5 and below.

"We hope as families PCS, they will consider donating items that they no longer need to the Sailor's Attic," said Lindsay Hearne, shop manager and JBPHH ombudsman. The attic will take everything except bathing suits, underwear and uniforms. Small kitchen appliances and baby goods, such as car seats, are especially needed.

If you would like to make donations, the best time to do so is from 10 a.m. to 1 p.m. Tuesdays and Thursdays and from 9 a.m. to 12:30 p.m. Fridays and Saturdays.

If you are not sure if someone is there to receive your donations, call 590-8380 to schedule a dropoff for a time other than what is listed.

Products needed include gently used and new items. Clothing, small kitchen appliances, baby items, household items, knick-knacks, sporting goods, etc. are accepted.

For more information, call 590-8380 or e-mail jbphhomb@yahoo.com.

Friends of Hawaii Charities awards \$4,000 grant to USS Missouri Memorial Association

USS Missouri Memorial Association

The USS Missouri Memorial Association received a boost in educational ammunition in the form of a \$4,000 grant from the Friends of Hawaii Charities. The grant will help to strengthen educational opportunities at the Battleship Missouri Memorial for students at Title 1 Schools, including educational outreach programs, overnight encampments and school field trips with activities focusing on science, technology, engineering and mathematics (STEM) and more.

Continuing the success



U.S. Navy photo

of similar efforts of 2010, the memorial's educational department will enhance programming aboard the Missouri that align with Missouri that align with and provide support to Hawaii's Department of Education in meeting and surpassing Hawaii Content and Performance Standards III (HCPS III) based curriculum. Programs will focus on U.S. history and STEM, allowing engagement in patriotic learning, citizenship and leadership development, and to partner with similar mission-focused community organizations.

"We are very grateful to the Friends of Hawaii

Charities for awarding this grant, which will help us to continue to bring fun and educational programs to Hawaii's students," said Michael A. Carr, the Missouri's president and chief operating officer. "The Missouri offers students the opportunity for an unique hands-on experience aboard a legendary vessel, getting kids out of the classroom and onto the site of where history actually happened is a powerful tool."

For more information about the Battleship Missouri Memorial's educational programs, visit www.ussmissouri.org/education.

Meals and moves: Together counts

Shari Lopatin

TriWest Healthcare Alliance

"For the first time in our history, American children may face a shorter expected lifespan than their parents."

That quote, taken directly from the Partnership for a Healthier America's website, explains the essence of a growing obesity problem across the U.S. The partnership—which is headed by First Lady Michelle Obama—says that obesity rates have tripled in the past 30 years.

Obese and overweight children are more likely to suffer academic, social and financial burdens throughout life. So, what can you do to prevent this from happening to your children?

Together counts

TriWest Healthcare Alliance, the company which administers TRI-

CARE in 21 western states, believes that together, we can make a difference. That's why TriWest joined forces with Together Counts, a nationwide program that inspires active and healthy living. As part of Together Counts, we challenge you:

Eat at least one healthy meal each week.

Do at least one family activity each week.

That's it—just one! It can be as simple as cooking dinner together, then going for a walk. Or if you have kids, let them choose a fun activity. A picnic and a game of Frisbee at the park? A barbecue followed by a few hours in the pool?

Because what it all boils down to is we are a nation that needs to move again.

What causes obesity?

According to the Centers for Disease Control and Prevention (CDC), obesity now affects 17 percent of all U.S. kids and teenagers.

The CDC listed these as the most common causes of obesity:

- Energy imbalance. This means eating too many calories and not getting enough physical activity to burn them off.
- Genetics, which also affects metabolism (how fast one digests food), behavior (staying up late and sleeping in), environment (nowhere and no time to exercise), culture and socioeconomic status.
- One's behaviors and environment play the largest roles in causing obesity. These also represent the best areas for prevention and treatment.

Want more information?

It's easy to find. Learn more about Together Counts and how you can help by visiting www.TogetherCounts.com. Find more healthy living tips on TriWest's healthy living portal, at www.triwest.com/HealthyLiving.

Summer safety: Practice safe swimming and don't 'SUI' (swim under the influence)

Air Force Safety Center

Nearly every year the Air Force suffers a few drownings, and the mishap locations vary from rivers, lakes and oceans to pools. Some of the drowning victims are sober, whereas others are impaired by alcohol. Tragic water accidents happen quickly. The most common reason for water mishaps is a lack of safety knowledge.

A recent American Red Cross survey shows that almost half the adults surveyed on water safety say they have had an experience where they nearly drowned, and one in four know someone who has drowned. While more than 90 percent of families with young children will be in the water at some point this summer, almost half (48 percent) plan to swim in a place with no lifeguard. With so many planning to be in, or near the water, it is important to follow the

basics of water safety; maintain constant supervision of children and get trained.

Water safety tips recommended by the American Red Cross:

- Swim in designated areas supervised by lifeguards.
- Always swim with a buddy; do not allow anyone to swim alone.
- Ensure that everyone in the family learns to swim well. Enroll in swimming instruction courses.
- Never leave a young child unattended near water and do not trust a child's life to another child. Teach children to always ask permission to go near water.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.

One Airman's story: A 23-year-old staff sergeant went to the lake with his friends to enjoy

camping, boating and swimming. After consuming alcohol, the staff sergeant and three friends decided to go swimming after dark. After returning to shore, the friends noticed the staff sergeant was missing. Search and rescue crews discovered the body of the staff sergeant at the bottom of lake the next day. His blood alcohol content was 0.20.

Bottom line: Swimming safety can be outlined in a few key points:

- Wingman up – swim with a wingman every time. Even experienced swimmers have drowned. If you are with someone, they will be able to help you out.
- Know your limits – don't overextend yourself. Take breaks and don't get fatigued far from shore.
- Swim in safe areas – A lifeguard can make the difference between life and death.
- Alcohol impairs – Please don't drink and swim.

GOT SPORTS?

Phone: (808)473-2888

editor@hookelenews.com

Contact the Ho'okele editor for guidelines and story/photo submission requirements

PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

Morale Welfare & Recreation

🏆 **UFC 132**
Watch Dominick Cruz vs. Urijah Faber as they duke it out in the main event at UFC 132 on July 2 at J.R. Rockers. Doors open at 2 p.m. and the fight starts at 3 p.m. The event is free for members and a \$10 cover for nonmembers. FMI: 448-2271.

🏆 **JUNIOR GOLF CLINICS**
A junior golf clinic will be held Saturdays and Wednesdays from 4 to 5:30 p.m. July 2 to 30 at Barbers Point Golf Course. The cost is \$30 for youth ages 8 to 13. FMI and to register: 221-9275. In addition, another junior golf clinic will be held from 3:30 to 5 p.m. Sundays, July 3 to 31, at Navy-Marine Golf Course. Cost is \$40 for youth ages 8 to 13. FMI and to register: 471-0142.

🏆 **KAYAK CHINAMAN’S HAT**
Kayak, swim and hike along Oahu’s windward coast on July 3. Depart Airmen Center at 8:30 a.m., Beeman Center at 8:45 a.m. and Instant Liberty at 9 a.m. The cost is \$5 per person. This event is open to single service members only. FMI: 473-2583.

🏆 **THE ALL-NIGHTER**
On July 3, check out DJ Joe and his crew spinning the hip hop in the ballroom, while DJ Doc J and DJ CJ spin old school in J.R. Rockers, and the Tradewinds vocal group entertains on the lanai. Doors open at 9 p.m. Free cover for members and \$10 cover for nonmembers. Active duty Air Force and Navy 18 and older are welcome, 21 and older for all other authorized guests. FMI: 448-2271.

🏆 **HMYAA SPORTS REGISTRATIONS**
HMYAA flag football registration is from July 5 to Aug. 5. Cost is \$65 per youth ages 5 to 15. The season runs September–December. In addition, HMYAA volleyball registration is from July 5 to Aug. 5. Cost is \$65 per youth ages 7 to 15. The season runs from September–December. FMI: www.greatlifehawaii.com or call 473-0789.

🏆 **COUNTRY MUSIC KARAOKE CONTEST**
Enter a karaoke singing contest or go to hear country music on July 7 at the Country Bar. Registration is at 7 p.m. and the contest is 8 to 11 p.m. FMI: 473-0841.

🏆 **17TH ANNUAL ENLISTED CLUB GOLF TOURNAMENT**
Tickets are on sale now for the 17th annual Enlisted Club golf tournament July 8 at Mamala Bay Golf Course. Check-in is at 10:30 a.m. with a noon shotgun start. A banquet dinner will be held at the Tradewinds Enlisted Club following the tournament. Cost is \$80 for members, and \$95 for nonmembers. The fee includes green fees, golf cart rental, beverages on the course, lunch and prizes. FMI: 448-2271.

For more information on events, visit www.greatlifehawaii.com

Community Calendar

🌸 **July 1-4 ~** Pearl Harbor Navy Exchange will host its first indoor farmer’s market on the second floor. The free event includes fresh fruits and vegetables, organic potted plants, baked goods and pork products. FMI: Stephanie Lau 423-3287 or email Stephanie.Lau@nexweb.org

🌸 **12-22 ~** Drug Education for Youth (DEFY) is a self-esteem building program that provides children with the tools they need to resist drugs, gangs and alcohol. It is a two-phase program consisting of a youth summer camp from 7 a.m. to 4 p.m. July 12-22 with follow-on once a month mentoring sessions. FMI: damion.montgomery@pacom.mil, 477-7709 or latasha.jones2@navy.mil, 474-8345.

🌸 **13 ~** The Friends of Hickam Golf Tournament will begin with an 18-hole shotgun start at 12:30 p.m. July 13. The event will include lunch, snacks and dinner awards at the Hickam Officers Club. Sign up is due by today. FMI: Capt. Kevin Vandagriff or Staff Sgt. Jason Scaffidi at 449-1211.

🌸 **At a glance ~** The Department of the Navy Sexual Assault Prevention and Response Office (DON SAPRO) has been tasked to conduct a department wide sexual assault survey assessing the functionality and effectiveness of the Sexual Assault Prevention and Response (SAPR) program. In additon, DON SAPRO is directed to determine the scope of sexual assaults within the Department of the Navy. The survey is confidential and anonymous. The survey can be accessed at www.donsapro.navy.mil/survey.html and will be available for participation through Sept. 30.

Movie Showtimes



Thor (PG-13)

The powerful but arrogant warrior Thor is cast out of the fantastic realm of Asgard and sent to live amongst humans on earth, where he soon becomes one of their finest defenders.

SHARKEY MOVIE THEATER

TODAY
7:00 PM Fast Five (PG 13)

SATURDAY
2:30 PM Hoodwinked Too! Hood Vs. Evil (PG)
4:45 PM Something Borrowed (PG-13)
7:00 PM Thor (PG-13)

SUNDAY
2:30 PM Hoodwinked Too! Hood Vs. Evil (PG)
4:45 PM Prom (PG)
7:00 PM Fast Five (PG-13)

HICKAM MEMORIAL THEATER

TODAY
6:00 PM Hoodwinked Too! Hood vs Evil (PG)
8:30 PM Bridesmaids (R)

SATURDAY
4:00 PM Soul Surfer (PG)
7:00 PM Thor (PG-13)

SUNDAY
2:00 PM Rio (PG-13)



New Amelia Earhart photo exhibit to open at Pacific Aviation Museum



Photo courtesy of Pacific Aviation Museum

Amelia Earhart watches Duke Kanamoku peel a pineapple in 1935.

Pacific Aviation Museum Pearl Harbor

Pacific Aviation Museum Pearl Harbor, the Ford Island museum and aviation attraction, opens its new Amelia Earhart in Hawaii Photo Exhibit. With exclusive Earhart photos, from 2 to 4 p.m. July 24 at hangar 37.

A welcome reception, entertainment, birthday cake and punch for all museum visitors will celebrate the famous aviator's 114th birthday. The museum fronts Luke Field on Ford Island, where Earhart ground looped her Lockheed Electra on take-off March 20, 1937, while attempting her round-the-world flight.

Museum members are invited for a special champagne reception. All visitors to the museum are invited to enter the "Amelia for a Day" look-alike contest to win prizes for those who dress and re-enact aviator Earhart. First, second and third place prizes will be awarded.

"We're very grateful to Matson Navigation Company for this exception-

al gift of Hawaiian Earhart photography and for all they do for our museum," said Kenneth DeHoff, museum executive director. The photos joining the museum's exhibits are a gifted collection from Matson archives documenting her time in Hawaii from Dec. 27, 1934 to Jan. 11, 1935 and March 17 through March 20, 1937.

Joining DeHoff and Pacific Aviation Museum Pearl Harbor members of the board of directors at the celebration will be Matson Navigation Company executives.

Amelia Earhart and her second plane, a Lockheed

Vega, were transported on Matson's S.S. Lurline from Los Angeles to Honolulu Dec. 22, 1934 and arrived in Honolulu at Aloha Tower five days later on Dec. 27.

Earhart vacationed in Waikiki, flew over the Hawaiian Islands, and prepared for her solo flight across the Pacific from Honolulu to Oakland. She was the first person to fly solo, trans-Pacific, from Honolulu to Oakland, Calif.

For more information on the event, call 441-1004 or email SpecialEvents@PacificAviationMuseum.org.

Student rewarded for good grades



NEX photo by Denise Nakasato

Helen Abe (right), Pearl Harbor Navy Exchange executive assistant, presents Cameron Dapkins (center), the second quarter A-OK winner, with his award on June 22. Cameron's parents, Andrew and Debora Dapkins (at far left), and sister Cailyn (front) were on hand to see Andrew receive the award for his academic achievements.

Navy Exchange Hawaii

Cameron Dapkins is the winner of the Pearl Harbor Navy Exchange's (NEX) A-OK Student Reward Program for the second quarter 2011.

As an award for his good grades, Dapkins received a \$2,000 savings bond. When asked about what he thought about

winning, he said, "I'm looking forward to using it towards college at Penn State, UCLA or OSU."

The NEX set up the A-OK program in support of military families and to recognize academic achievements among military children.

To qualify, students must maintain a mini-

mum of a "B" average or equivalent.

Any student from first grade through high school is eligible and winners are announced every quarter for savings bonds of \$5,000, \$3,000, \$2,000 and \$1,000.

For more information on the A-OK program, visit the NEX aloha center or call 423-3274.

To report...
Fraud, Waste or Abuse
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- WE ARE HERE TO HELP
- YOU CAN REMAIN ANONYMOUS
- REMEMBER TO USE YOUR CHAIN OF COMMAND FIRST

HOTLINE:
808-473-1782
EMAIL:
PRLH-CNRHIG@NAVY.MIL

Partnership links military spouses with employers

Terri Moon Cronk

*American Forces Press
Service Public Affairs*

WASHINGTON (NNS) -- The Defense Department launched a new partnership June 29 that is intended to expand job opportunities for military spouses by connecting them with employers who are actively seeking to hire them.

Microsoft, Home Depot, Starbucks and the Navy Federal Credit Union are just a few of the nearly 60 corporations and companies that have signed on with the DoD partnership, said Robert L. Gordon III, deputy assistant secretary of defense for military community and family policy.

When the partnership is launched at the Chamber of Commerce here, Gordon expects 14 more companies will be added to the partnership's roster.

"The design of this program is to bring together those spouses who want to work with a web portal where companies that would like to employ our military spouses can find them," he said.

That web portal is Military OneSource -- located at <http://www.militaryonesource.com> -- which also offers job-seeking resources such as resume building. People can call OneSource consultants at 1-800-342-9647.

The partnership is based on memorandum of agreement to hire military

spouses, Gordon explained. Some 100 job fairs are scheduled, starting in Los Angeles on July 10 with 200 companies ready to offer jobs to spouses.

"Military spouses bring a lot to the table," Gordon said. "They've volunteered and lead different activities on and off our installations. They are skilled, diverse and know how to operate in a team environment."

Their sense of team focus and strong work ethic are some of the attributes and

characteristics employers are looking for in a 21st century work force, he added.

Military spouses have been hit hard by the job market, Gordon acknowledged, and face an unemployment rate of 28 percent.

Of the military's 1.2 million spouses, he said, 80 percent want to work, but have been held back by multiple moves and deployments. Additionally, a 25-percent wage gap divides military spouses and their

civilian counterparts, he added.

Because of those factors, the partnership pinpointed organizations that could offer telework options and portable jobs, he said.

In the course of setting up the program's framework, Gordon has asked spouses what they would like to see in such a partnership.

"One of them said, 'Don't over-engineer things. We want to look for jobs. We

want to be empowered,'" he said. "And that's what we've done. We've devised a program that will bring spouses together with employers who are looking for their skills," Gordon explained.

The partnership is aligned with the White House's government-wide approach to military family support that involves an inter-agency effort to strengthen families and enhance their well-being and quality of life.



Did you know that....

The Navy-Marine Corps Relief Society is a resource for all active duty and retired Sailors, Marines and their families -- whether you're single, married, or divorced? A substantial amount of our financial assistance goes to service members with families because they often face more budgetary problems.

However, the society renders financial assistance to everyone -- regardless of marital status.

Check out the programs and services available through your local Navy-Marine Corps Relief Society Office. We may be able to help you at NMCRS Pearl Harbor, 473-0282 www.nmcra.org.

WHO SAID IT?

"Without a decisive naval force we can do nothing definitive, and with it, everything honorable and glorious."

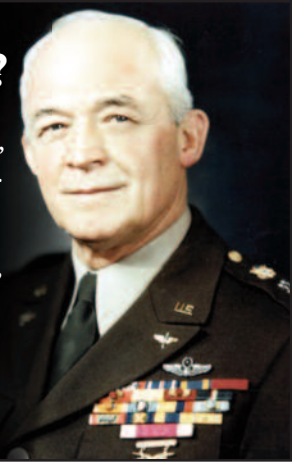


Last Week's

WHO SAID IT?

"A modern, autonomous, and thoroughly trained Air Force in being at all times will not alone be sufficient, but without it there can be no national security."

Gen. H. H. "Hap" Arnold, USAAF



This Week's Trivia

When did test pilot Chuck Yeager fly the Bell X-1 past the speed of sound, launching the new Air Force into the supersonic era?

Last Issue's Question: What was the first Navy ship named for an enlisted person?

Answer: The first Navy ship named for an enlisted person was the 1919 launching of Osmond Ingram (DD-255). Osmond Kelly Ingram served aboard USS Cassin (DD-43) when his ship was attacked by a German submarine off Ireland in 1917. He became the first enlisted man killed in action in World War I as he saved his ship and shipmates.



STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

Phone: (808) 473-2888

Email: editor@hookelenews.com



Got Questions?

Write to us at
editor@hookelenews.com